

Serenity Spa Café

The Serenity café has become a destination spot where our guests can enjoy a wide variety of European coffees, specialty beverages, exotic desserts and light, healthy meals.

Spa guests cannot resist one of our specialty coffees or tempting desserts to compliment their spa experience. We invite you to dine with us and experience the Serenity Café difference.

Beverages

European Coffees

The Serenity Café menu prides itself in offering customers assorted coffee blends from around the globe

Cappuccino

A double shot of espresso blended with just the right amount of frothed milk to create rich, creamy flavour
3.50

Spa Latte

Our latte begins with a shot of fresh espresso combined with warm milk lightly dusted with foam and cinnamon
3.50

Mocha Latte

Chocolate and espresso provide the base for this coffee adventure. It is then blended with steamed milk, topped with a generous portion of whipped cream. A sprinkle of chocolate adds the finishing touch
3.75

Caramel Latte

Layered with espresso, creamy caramel and warmed milk, this decadent latte is finished with rich foam and caramel drizzle
3.75

Serenity Hot chocolate

An original take on the hot chocolate. Rich milk chocolate beautifully layered within warm milk, whipped cream and chocolate drizzle
2.00

Individual Petit Espresso

A European classic of Italian culture-dark roasted
1.50

Spanish Coffee

Our Serenity blend complimented with Kahlua and Brandy heaped with whipped cream and a cherry on top
5.00

Blueberry Tea

Herbal tea infused with the perfect combination of Grand Marnier and Amoretto Liqueur rimmed with sparkling sugar and orange swirl
5.00

Herbal Tea

Choose from our selection of therapeutic and delicious natural teas.

French vanilla, green tea, earl grey, raspberry, China black, spiced chai, lemon, peppermint, chamomile, ginger/peach, orange spice, black currant, Echinacea, and our ever popular flowering blossom tea
1.25

Explore alternatives and add a tantalizing taste of Baileys, Kahlua or Frangelico to any of our Hot or Iced European Coffees

Specialty Juices

Fresh Fruit Juices

Healthy and sparkling orange, grapefruit, passionfruit and cranberry served iced and frothy
2.50

Fruit Smoothies

Serenity Spa Smoothies are made with fresh frozen fruit to give you the thickest, richest smoothie anywhere. Only natural juices are used and a touch of yogurt. No artificial ingredients
5.00

Daiquiris and fresh fruit cocktails are also available.....

Gourmet Iced Coffees

Iced Cappuccino

Blended espresso and milk over ice flavoured to perfection and finished with whipped cream and cinnamon sticks
4.50

Iced Mochachino

Decadent chocolate with our signature iced cappuccino served with lightly whipped cream and swirls of cocoa
4.75

Iced Caramel Macchiato

An explosion of smooth caramel paired with espresso creating the perfect indulgence
4.75

Spa – petizers

Serenity Spa Sampler

A dynamic platter of our favourite seasonal fruits, veggies and desserts skewered nesting in an apple moon with flavour bursts
5.00

Maple Pecan Apple Stuffed Brie

Enveloped in phyllo pastry, our baked brie is stuffed with seasoned apple-nut mixture and served with french baguettes
10.00

Three Cheese Spinach Dip

Warmed pita slices complimented with our specialty cheese dip. Perfect for one or shared as a platter
8.00

Breakfast At Serenity

Crepes

French crepes filled with sweet cream sauce over fresh fruit and topped with whipped cream
7.00

Yogurt Parfait

Layered wholesome granola muesli and zesty berries dolloped with vanilla yogurt to create a healthy and delicious parfait
4.00

Omelettes

Fluffy baked egg and vegetable souffle with a blend of smooth cheese ~served with a buttery warmed croissant
5.00

Lunch

Soup du jour

Enjoy our healthy soup of the day made fresh in our Café

Serenity Salads

Capture the freshness in our Serenity Salads and indulge in our colourful and crisp extraordinary mix

Caesar Salad

Crisp romaine hearts with rustic croutons, grated asiago cheese, and lightly drizzled with our own caesar dressing. Tossed with grilled lemon chicken breast and crumbled bacon
9.00

Serenity Signature Salad

A tart yet sweet flavour that enhances a variety of delicate mixed greens. Combined with seasonal fruit and crunchy cashews to create our signature salad~a refreshing twist
9.00

Spinach and Roasted Red Pepper Salad

The rich and robust flavours of roasted red peppers with Parmesan accentuate the delicate texture of spinach. The addition of black olives and feta cheese provide a Mediterranean flair to this dish.
9.00

Gourmet Wraps and Paninis

Mediterranean Spa Wrap

Tender chicken breast infused with feta cheese, crisp mixed greens, fresh tomatoes, red onion and cucumber tossed in our Serenity dressing
8.00

Caesar Chicken Wrap

Grilled chicken breast with Parmesan cheese and romaine hearts mixed in our Caesar dressing stuffed into a tortilla
8.00

The Veganini

Italian Focaccia bread, olives, Feta cheese, roasted red pepper's sun_dried tomato pesto and red onions, dressed with balsamic glaze ~grilled and served warm
9.00

The Quesadilla

Soft tortilla, grilled chicken breast, green and red peppers with our mozzarella cheese blend complete with light sour cream, and our fresh made salsa

9.00

Spa Sandwiches

California cuisine sandwiches are a healthy and delectable choice alone or complimented with our entree soups and salads

Cream Cheese and Cucumber Bagel

Served warmed with a spread of herbed cream cheese and flowering crunchy cucumber

5.00

Egg Salad Crostini

French baguette topped with lightly whipped egg salad and dazzled with basil

5.00

Seafood Salad

Our seafood salad tossed with lemon zest and balsamic vinaigrette scooped onto crostini bites and finished with asiago cheese

7.00

Experience Serenity Café while you enjoy luxurious services or let us host your special occasion. We cater to group spa parties or make an intimate get together very special.

Wine

Sandbanks Estate Winery

White

Dunes Vidal

An Impressive white wine blessed with a peach and floral bouquet and a hint of passion fruit. Excellent with light dining and relaxing with friends.

6 oz Glass \$5.75

Bottle \$29.95

Riesling

Refreshing dry white wine wit fresh cut lime and mineral flavours. Lovely balance of ripe fruit and acidity. An excellent aperitif and great with seafood.

6 oz Glass \$5.75

Bottle \$29.95

Red

Cabernet France

Deep ruby and elegant. A full body red wine. Raspberry and currant flavours with a hint of cedar. A well balanced wine with a silky finish.

6 oz Glass \$5.75

Bottle \$29.95

Baco Noir

A lively red wine with intense plum and wild cherry flavours. Notes of toasted oak and liquorice with a juicy lingering finish

6 oz Glass \$5.75

Bottle \$29.95

Sandbanks Estate Winery is situated along the picturesque shores of Lake Ontario, minutes west of the village of Wellington in the heart of beautiful Prince Edward County. The combination of sand, clay and limestone soil provides ideal grape growing conditions and adds unique minerality to our wines. Sandbanks Estate Wines are a labour of love and created for your enjoyment.

Cheers!